## Course schedule

## Friday 17 April 2020

09.00u - 09.15u Course introduction

09.15u - 10.00u History of decompression procedures

10.00u - 11.00u Decompression models (Haldane, Buhlmann, RGBM, probabilistic): maths and physiology

11.00u - 11.15u Break

11.15u - 12.00u Bubble formation: physics vs pathophysiology

12.00u - 13.15u Risk factors for decompression diseases

13.15u - 14.00u Lunch

14.00u - 14.45u Case reports decompression sickness

14.45u - 16.00u Types of DCS, classification and clinical symptoms

16.00u - 16.15u Break

16.15u - 17.00u Prevention of DCS

17.00u - 17.45u Gas mixtures and decompression

17.45u - 18.15u Dive profiles and decompression

## Saturday 18 April 2020

08.00u - 08.30u Extreme recreational diving

08.30u - 09.30u Past, current and future research on decompression sickness

09.30u - 10.30u Treatment of DCS/DCI

10.30u - 10.45u Break

10.45u - 11.45u Recompression tables

11.45u - 13.00u HBO therapy – principles

13.00u - 13.45u Lunch

13.45u - 15.00u HBO Therapy – indications other than DCS (ECHM, UHMS); contraindications

15.00u - 15.15u Break

15.15u - 15.45u HBO therapy practice – types of chambers, different tables and procedures used worldwide

15.45u - 16.30u Personnel involved in HBOT – medical fitness, training, Code of Good Practice

16.30u - 17.15u HBOT: Safety & Efficiency, Toxicity & Adverse effects

17.15u - 17.45u Examination and closure